

## 12 Week Scar Management Protocol

Our chosen product to address scarring is Bio-Corneum+ (BC+). Using BC+ will provide the best environment for the scar to heal and will help speed up the healing process. We recommend that all of our patients use this after their sutures are removed and their wound is closed. We carry this in our office as a convenience to you. It is a self-adhering, self-drying silicone cream that also contains a mild broad spectrum SPF 30. It is the ONLY FDA approved remedy for scars, so we do not recommend buying something at the drug store, because it will not be effective.

### **Usage:**

At suture removal or once the skin has finally fully closed, apply a small amount of BC+ 2 times a day to your scar for 12 weeks, or until you stop seeing noticeable results\*. BC+ should dry right away and within a few minutes will form a slick surface over your scar. BC+ will gradually wear off throughout the day, which is why we have you reapply it at night to make sure you are getting a solid 24-hour per day exposure to the silicone. If you have any questions, please ask your patient coordinator.

*\*If you have a tendency to form hypertrophic or keloid scars, you may want to use it for 6 months to a year. BC+ has been shown to help prevent the formation of these types of scars.*